



HOBY Hugs

What is a HOBY Hug?

A HOBY Hug is a warm, fuzzy message written to HOBY Ambassadors and Volunteers.

How can I help make one?

Decorate the unlined side of an index card by using colored pencils, crayons or markers to create a colorful, legible and uplifting design.

1 Share a favorite quote

2 Draw a positive picture

3 Get creative with color

Now what?

Contact your state's Leadership Seminar Chair (LSC) to say you made Hugs and would like to send them or find a time for your Chapter to deliver them. Visit phisigmapi.org/service to get started.

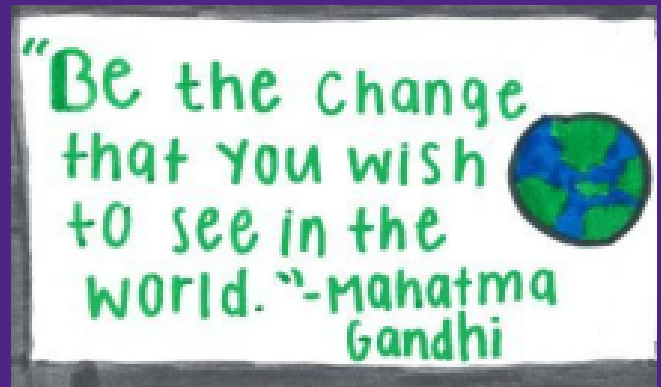
What happens next?

Once your HOBY Hugs are received, they will be distributed at an event where participants will write encouraging and inspirational notes on the lined side to acknowledge efforts, congratulate achievements and encourage others to keep working to impact the world around them.

Materials

- 3x5 index cards
- Art supplies (colored pencils, crayons, markers, stamps, stickers, etc.)
- Your Creativity!

Sample HOBY Hug



Questions about how to get involved with HOBY or need help getting in touch with a HOBY Volunteer?

Email hoby@phisigmapi.org